

# Energy Profile™ for: Your Name Here

Body Parts		Body Parts Descriptions and Emotional Issues that can Affect their Energy Flow
Cerebellum	0.4	Coordinates & regulates muscular activity (motor coordination & movement). Maintains the body's equilibrium & balance. Stores thought and behavioral patterns developed from childhood. Fear of not being good enough later in life if he/she was made to feel inept as a child.
Cerebrum, Mesencephalon	8.8	Integration of complex sensory & neural functions and the initiation and coordination of voluntary activity in the body. Deals with present issues. Difficulties managing feelings. As a child he/she was not to arrive at their own conclusion.
Forehead Brain	10	Includes the cerebral hemispheres, the limbic system, thalamus, hypothalamus and the corpus callosum. Lack of understanding of who he/she is.
Temporal Brain	6.3	Parts of the cerebrum involved in speech, memory & hearing. Inability to accept organize and store information. May be resultant of rigid restriction on what was and what was not acceptable.
Back Brain	8.8	Reacts to the perception of stimuli relating to touch, pressure, temperature and pain. Combining past experiences with current situations. How we react to our environment and real life occurrences based on childhood learning.
Back of the Head	4.8	The part of the brain comprising of the cerebellum, pons and medulla oblongata (control centers for heart & lung). May have issues related to self-recognition and part of our identity left behind (often during childhood) or forgotten in our shadow self.
Forehead	8.3	Concentration abilities. Connected to the brow chakra. Stores feelings that are often pushed aside. Topics are generally known but are not being addressed, which results in repeat problems resurfacing.
Hypophysis, Pineal Gland	6	Pituitary (hypophysis) controls growth and the functioning of the other endocrine glands. Pineal affects sleep patterns. Feels no control over his/her situation. Lacks the feeling of being master over one's domain. Unhappy with one's lot in life. Distrusts the Universe. Tries to keep others guessing who they really are and what they are experiencing or up to.
Ear	6.2	The organ of hearing and balance. Ones ability to listen and let something else count. May be related to suppressed anger criticism or turmoil in one's life.
Eye	4.6	The visual and light-detecting organ. Toxins in the liver will affect the eyes. The capability to see and make aesthetic or intellectual judgments. Fear of seeing one's self, life, family, future and present.
Nose	4.6	Organ used for breathing and smelling. Check ears & water organs for allergies. Unable to give one's self credit (lacking in self-worth) and lacking in self pride. On the other hand an annoying or oppressive person could be in one's life.
Mouth	0.4	Opening through which food is taken in and from which speech and other sounds are emitted. Teeth/Amalgam. Ability to take in new ideas as well as express one's thoughts, emotions and beliefs. May mean a person is too set in their opinions.
Thyroid	9.4	Regulates growth and development through the rate of metabolism. Governs one's inability to gain/lose weight. Connected to communication with others, nature and the universe as well as one's self. Humility. May also be related to never having one's way, always putting others first or feeling left out.
Neck	0.5	Connects the head to the rest of the body. Stiffness & tension held in this area means your atlas is off. Can mean too much responsibility. May also indicate stubbornness-refusing to see other sides. Inability to translate feelings to expression.
Shoulder	0.4	The upper joint of the human arm and the part of the body between this and the neck. Check lymph system. Represents our ability to carry out our experiences in life. We make life a burden by our attitude.
Arm Pit	0.4	A hollow under the arm at the shoulder. Dehydration - sluggish lymph system. Issues around vulnerability and intimacy. Fear of being themselves or of letting go of toxic things/people in one's life.
Upper Arm	2.3	The segment between the shoulder and the elbow. The ball and socket shoulder joint allows for movement of the arms. Conflicts about one's ability to manifest their values and priorities arising from a non-comprehending, dysfunctional, belittling and/or accusatory family
Esophagus	7.5	The part of the alimentary canal that connects the throat to the stomach. Connected to pride and self-protection. Conflicted about what to take in and may try to take in too much but is unable to process it. He/she feels unworthy of living life fully or stifled feels lack of freedom.
Lung	4.6	Sacs into which air is drawn, so that oxygen can pass into the blood and carbon dioxide be removed. Pollution. Possible inferiority, insecurity, depression or fear based feelings rather than confident and self-motivated feelings.
Heart	6.7	Muscular organ that pumps the blood through the circulatory system by rhythmic contraction and dilation. Problems in this area indicate a state of chronic over self-protection. Imbalanced energy in the heart prevents against hurt and attack but blocks feelings of warmth and nourishment.

Thymus Gland	5.4	A lymphoid organ situated in the neck of vertebrates that produces T cells for the immune system (your defense system). The thymus is affected by our withholding our emotions and heart-felt truths when we know they should be expressed, holding in our values. Problems arise when one thinks life is fighting against them.
Stomach	5.5	The internal organ in which the first part of digestion occurs. Links the esophagus to the small intestine. Feeling powerless and overwhelmed by life. Not trusting their capacity to make judgments. Undermined in their confidence and self-trust at a young age. Full of dread and fear of the future.
Pancreas	7.4	Secretes digestive enzymes into the duodenum and secretes into the blood the hormones insulin & glucagon. Blood sugar levels. Difficulties in integrating and expressing love. Sourness or bitterness regarding life. Desire to acquire goods and friendships. Feeling that one has no time; to finish things, for friends, family, partners, etc. Too much pressure at work.
Spleen	5.5	Organ involved in the production and removal of blood cells and forming part of the immune system.
Liver	5	Processing of products of digestion into substances useful to the body. Neutralizes harmful substances. Reflects fear of the new, our system of digesting ideas and processing life. It helps us to recognize our personal values in life. Connected to primitive emotions. Chronic complaining and self-deception. Lacking in faith. Hiding from one's self.
Duodenum	5.7	The first part of the small intestine immediately beyond the stomach, leading to the jejunum. The duodenum controls our conflict capabilities and our self-acceptance. On the imbalanced side one can have a profound sense of being alone in an uncaring world. Possibly resultant from maternal neglect or parent-loss.
Small Intestine	5.9	The part of the intestine that runs between the stomach and the large intestine. Absorbs incoming nutrition. Connects to analysis of our existence and to the refurbishing of our thoughts and ideas. Mastering and coping with experiences. Assimilation difficulties Sorting the wheat from the chaff.
Transverse Colon	4.7	The middle part of the large intestine, passing across the abdomen from right to left below the stomach. Not being open and truthful with oneself or others.
Descending Colon	5.2	The part of the large intestine that passes downward on the left side of the abdomen toward the rectum. Handles our spiritual impressions, unprocessed experiences and our ability to let loose. Unable to be relaxed within yourself.
Large Intestine, Sigmoidum	4.5	Function is to absorb water from the remaining indigestible food matter, and then to pass this useless waste from the body. The intestines are connected to the elimination of negative energies and thoughts. Problems arise here when there is a fear of letting go. Manifesting doubts, skepticisms, cynicism and nihilism. Overly-judgmental
Rectum	0.8	The final section of the large intestine, terminating at the anus. Acts as a temporary storage facility for feces. Unable to release negative thoughts and old thought patterns, and guilt from their past. Constipation related to hardened points of view; whereas, diarrhea shows a person's inability to hang on to one's own viewpoint (easily swayed).
Pelvis, Buttock	5.9	The large bony structure near the base of the spine to which the legs are attached. Lower rear area of a human trunk.
Lower Abdomen, Reproductive Organ	0.4	Contains the digestive organs; the belly. Production of offspring by a sexual process (Ovaries/uterus & testicles). Problems in this area relate to the incorrect use of one's judgment (wisdom). Feeling possessive of someone or of something or on the other hand feels possessed. Feelings of undue tension, fear and anxiety, which constricts the energy flow. Problems in the R.O. are often connected to rejecting one's masculinity or the male gender. Resultant of possible unresolved feelings towards mother.
Urethra	5.2	The duct by which urine is conveyed out of the body from the bladder, and which in males also conveys semen. Relates to one's ability to release life's pressures and separate oneself from burdens. Issues related to one who is pissed off. Angry emotion. Blame.
Kidney	4.6	Main function is to purify the blood by removing nitrogenous waste products and excreting them in the urine. Holds our emotional problems and anxieties. Primal fear and abandonment anxiety. Worries and fears over money issues. Self-disappointment and unhappiness. Needs to master their negative thinking.
Ureter	4.6	The duct by which urine passes from the kidney to the bladder or cloaca. This organ relates to the distribution of feelings and one's ability to deal with their feelings. How one sorts out their feelings.
Bladder	5.2	The organ that collects urine excreted by the kidneys prior to disposal, via the ureters and exits via the urethra. Holding onto old ideas and emotions fear of letting go. Need to get rid of something toxic in their life either things, situations or people. Lack of self-love and feeling that their need for love is unfulfilled and unfulfillable (false hopes) stemming from a non-supportive childhood.

Adrenal Gland	6.4	A core region secreting epinephrine and norepinephrine, and an outer region secreting corticosteroids. Handles stress levels. Anxiety. Emotional exhaustion. Running on empty and are drained of their life force. Too much stress and over-responsibility and can no longer carry the load. No longer caring for self one's ability to build-up self-love.
Reproductive Organs	6	Female - Vagina: The muscular tube leading from the external genitals to the cervix of the uterus in women. Related to male or female issues, sexuality and feelings. Gender and sexuality issues. Male - Prostate: A gland surrounding the neck of the bladder in males and releasing prostatic fluid. Related to male or female issues, sexuality and feelings. Gender and sexuality issues.
Spine	6	A series of vertebrae extending from the skull to the small of the back, enclosing the spinal cord. One's life force - Chi. Sense of security is located here. Imbalance of power or feeling under-supported. Self-doubt. Fear of financial failure and deep insecurity over basic support. Fear of abandonment from early childhood.
Hip	3.6	A projection of the pelvis and upper thigh bone on each side of the body. Helps maintain the body's equilibrium & balance. When imbalanced, results in feeling of disharmony in one's life. Lack of emotional and physical self-support. Our hips thrust us forward in major decisions. When problematic one may feel that they have nothing to look forward to. Fear of power and strength (fear of making major decisions) resultant from imbalance of the power in their family home. Flexibility in areas of life in general and the vitality in which one proceeds in life. Unable to be hip.
Feet	6.1	The lower extremity of the leg below the ankle, on which a person stands or walks. The ability to move from one place to another. Pertains to how one is moving forward in life. Problems may mean that the person does not like the direction they are heading towards or that they have a fear of their future path. Connects us to the understanding of ourselves, life and others. To prove stamina and to hold one's point of view. Ability to go for one's goals.
Knee, Elbow, Leg, Lower Arm	5.4	The joint between the thigh and the lower leg. The knee supports nearly the entire weight of the body. Shows us how flexible we are in life. Connected to our pride and ego centre and blockages in this area relate to how flexible we are in changes of the direction in our life. Devotion, flexibility and surrender issues. Obstacles. Problems with surrendering to spontaneity, flow and the inability to bend and be giving at the moment. Connection of one's beliefs and what is really true. Direction issues and distrust in the universe.
Average Head Area	4.7	<b>Mental &amp; spiritual strength</b> - connection of mind & spirit. The averages of our brain organs reflect the power that we have in our thoughts and our overall countenance or personality. Consequently, high or low values can reflect how driven we are, if we are affected by anxiety or fear, whether we are emotionally balanced and thinking clearly, etc. <b>Represents your overall mental health.</b>
Average Belly, Chest Area	5.7	<b>Emotional strength</b> - connection of emotions & mind. This area is our emotional centre. One holds unresolved fears here. Also relates to feelings of not feeling approved. <b>Represents the average health of all your organs.</b>
Average Lower Abdominal Area, Legs	4.4	<b>Physical strength</b> - connection of body & emotions. The combined average for the lower body regions gives a general reflection of the individual's ability to let go of the past and move forward into the future. <b>Represents your overall physical health.</b>
<b>Energy Centers: normal = 45%-65%</b>		<b>Associated Gland and Body Parts.</b>
Crown Chakra	66%	Pituitary. Pituitary & Pinal glands, cerebral cortex (upper brain), central nervous system, skull & hair.
Brow Chakra	68%	Pineal. Pituitary & Pinal, cerebellum (lower brain), back of head, eyes, nose, sinus, ears, face & nervous system.
Throat Chakra	34%	Thyroid. Parathyroid, hypothalamus, throat, neck, jaw, mouth, voice, vocal cords & nape of neck.
Heart Chakra	55%	Thymus. Heart, lungs, bronchia, lymphs, secondary circulatory systems, immune system, rib cage, arms & hands.
Solar Plexus Chakra	54%	Pancreas. Stomach, liver, gallbladder, intestines, abdomen, digestive system & sympathetic nervous system.
Sexual Chakra	43%	Gonad. Spleen, ovaries, testes, uterus, kidneys, urinary organs, pelvic area & fluids of the body.
Root Chakra	34%	Adrenal. Reproductive system, vagina, prostate, spinal column, tailbone, anus, rectum, teeth, bones, legs, feet & dense/solid areas of the body.

**Organ Number Value Interpretation:**

Extreme energy deficiency – final stage of stress/comp	0.00 - 2.00
Energy deficiency – second stage of stress/hypoactivit	2.10 - 4.90
<b>"Normal" vitality – no reserve of energy</b>	<b>5.00 - 6.00</b>
<b>Optimal level of health/state of homeostasis</b>	<b>6.00 - 7.50</b>
Slightly overactive	7.60 - 8.00
Excessive energy levels – initial stage of stress/hypera	8.00 - 10.00

